

Monday, May 15, 2023

INVITATION:

“Let the beloved of the LORD rest secure in him, for he shields him all day long, and the one the LORD loves rests between his shoulders.” (Deut. 33:12)

Pause and slow your breath before entering into prayer.

BIBLE SONG: Psalm 139:1-10

You have searched me, LORD,
and you know me.
You know when I sit and when I rise;
you perceive my thoughts from afar.
You discern my going out and my lying down;
you are familiar with all my ways.
Before a word is on my tongue
you, LORD, know it completely.
You hem me in behind and before,
and you lay your hand upon me.
Such knowledge is too wonderful for me,
too lofty for me to attain.

Where can I go from your Spirit?
Where can I flee from your presence?
If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
If I rise on the wings of the dawn,
if I settle on the far side of the sea,
even there your hand will guide me,
your right hand will hold me fast.

PRAYER:

O God, and Spirit, and Jesu, the Three,
from the crown of my head, O Trinity,
to the soles of my feet mine offering be.
Come I unto Thee, O Jesu, my King –
O Jesu, do Thou be my sheltering.

My dear ones, O God, bless Thou and keep,
in every place where they are.

Whoever has chosen to make
the shelter of the Most High their dwelling place
will stay in His over-shadowing.

He alone is my refuge, my place of safety;
He is my God, and I am trusting Him.

How precious to me are Your thoughts, O God!

How vast is the sum of them!
Were I to count them,
they would outnumber the grains of sand.
When I awake, I am still with You.³

Pause and listen for what God is saying to you.

INTERCESSION:

*for those mourning the loss of a loved one

*for the board of the Refuge

*for the economic crisis in Tunisia

What else do you want to talk to God about?

How is God inviting you to respond?

BLESSING:

God bless your journey;
the people and places,
talking and listening,
giving and receiving,
fellowship, loneliness,
sorrow and thankfulness.

May all you embrace
build and strengthen you
on your daily walk with God. Amen.⁵